STATE OF)
COUNTY OF)
	DUDAE

DURABLE POWER OF ATTORNEY

SECTION 1. APPOINTMENT OF AGENT.

101, ———	et seq., that County, Sta	NS BY THESE PRESENTS, that pursuant to Ala. ("Principal"), ate of, do hereby constitute ("Agent") my true and lawful attorney for exercise only the powers set forth herein.	residing in and appoint
Hamo	, place and eleda, to	exercise of hy and powere control at the following	
	Agent:		_
	Relationship to Principal:		
	Address:		
	Telephone:		

SECTION 2. RIGHTS AND POWERS.

SECTION 2.1. <u>RETIREMENT PLAN.</u>

In accordance with Ala. Code § 26-1A-215(a)(5), my Agent is authorized, in his/her sole and absolute discretion, from time to time and at any time, to exercise only the specific authority stated below relating to my membership, benefits, elections and other interest in the General Retirement System for Employees of Jefferson County Alabama, which is a qualified plan pursuant to Internal Revenue Code § 401(a). My Agent is authorized to:

SECTION 2.1.1	Complete a change of address form on my behalf.
SECTION 2.1.2	Authorize direct deposit on my behalf.
SECTION 2.1.3	Make changes to my direct deposit instructions on my behalf.
SECTION 2.1.4	Make changes to my withholding form on my behalf.
SECTION 2.1.5	Request benefit verification information on my behalf.
SECTION 2.1.6	Update and confirm my contact information.
SECTION 2.1.7	Request and receive my IRS Form 1099.
SECTION 2.1.8	Enroll me in GRS Member Direct.
SECTION 2.1.9	Apply for a superannuation or deferred retirement benefit on my
	behalf.

SECTION 2.1.10 Create, revoke or change a beneficiary designation on my behalf, including the designation of a percentage payable to any designated beneficiary.

SECTION 2.1.11 Elect or irrevocably waive a regular joint survivorship pension or pop-up joint survivorship pension on my behalf, including the designation of the percentage by which my actuarially reduced benefits are to be paid to my designated beneficiary under a pop-up joint survivorship option.

SECTION 2.1.12 Apply for a disability benefit on my behalf.

SECTION 2.1.13 Apply for a refund on my behalf.

My Agent is expressly authorized to undertake all of the acts set forth herein, regardless of whether my Agent is an ancestor, spouse or descendant of mine and regardless of whether my Agent owes a legal obligation of support to me.

SECTION 3. THIRD PARTY RELIANCE.

For purposes of inducing all persons and entities to act in accordance with the instructions of my Agent as authorized in this instrument, I hereby represent, warrant and agree that:

SECTION 3.1.1. No person or entity who acts in reliance upon any representation either my Agent may make as to their powers hereunder, the scope of my Agent's authority granted under this instrument, the fact that this instrument has not been revoked, or the fact that my Agent continues to serve as my attorney in fact at such time, shall incur any liability to me, my heirs, or my assigns for permitting my Agent to exercise any such authority.

SECTION 3.1.2. The powers conferred on my Agent by this instrument may be exercised by my Agent and may be accepted by any person or entity as fully authorized by me with the same force and effect as if I were present, competent and acting on my own behalf. All acts done by my Agent hereunder are done with my consent and shall have the same validity and effect as if I personally performed the acts myself and shall inure to the benefit of and bind me, my estate, heirs, personal representatives and assigns.

SECTION 4. TERMS.

SECTION 4.1. Durability

The power of attorney granted herein to my Agent shall not be affected by disability, incompetency or incapacity of the Principal.

SECTION 4.2. Taxes

Any power or authority granted to my Agent herein shall be limited so as to prevent this Power of Attorney from causing any Agent to be taxed on my income or from causing my assets to be subject to a "general power of appointment" by my Agent as defined in 26 U.S.C. § 2514 of the Internal Revenue Code of 1986, as amended.

SECTION 4.3 Reliance

Any person, including my Agent, may rely upon the validity of this power of attorney or a copy of this power of attorney unless that person knows it to be revoked, terminated or otherwise invalid.

SECTION 4.4 Termination

This power of attorney may only terminate upon a writing signed by the Principal terminating the authority granted herein or upon the death of the Principal.

SECTION 5. MISCELLANEOUS PROVISIONS.

SECTION 5.1 Interpretation

Powers granted herein are specific and should not be interpreted to be extended beyond what is stated herein.

SECTION 5.2. Reimbursement of Costs

My Agent shall be entitled to reimbursement for all reasonable costs and expenses incurred and paid by him/her on my behalf under the provisions of this instrument, but my Agent shall not be entitled to compensation for services rendered hereunder.

SECTION 5.3 Execute Documents

My Agent shall be entitled to sign, execute, deliver and acknowledge any contract or other document that may be necessary, desirable, convenient or proper in order to exercise any of the powers herein described and to incur reasonable costs in the exercise of any such power.

SECTION 5.4 Governing Law

This instrument shall be governed by the laws of the State of Alabama in all respects, including its validity, construction, interpretation and termination. I intend that this instrument be honored in any jurisdiction in which it is presented and for any such jurisdiction to refer to the laws of the State of Alabama to interpret and determine the validity of this instrument and any of the powers herein granted.

.SECTION 5.5 Photocopies

My Agent is hereby authorized to make photocopies of this instrument as frequently and in such quantity as my Agent shall deem appropriate. All photocopies shall have the same force and effect as any original.

SECTION 5.6 Severability

If any part of this instrument shall be invalid or unenforceable under the laws of the State of Alabama, such part shall be ineffective as to the extent of such invalidity only, without in any way affecting the remaining parts of this instrument.

SECTION 5.7 "Herein," etc.

Terms such as "herein," "hereof," "hereunder" and the like refer to this entire instrument and not only to the subdivision in which any such term appears.

		County,	State		hereunto		•				
					PRINCIPA	AL.				-	
STATE O	F)								
COUNTY	OF		_)								
certify that foregoing being inforthe same l	atinstrument rmed of the bears date.	and who contents	is kno of this	wn to me instrume	d for the St e, acknowle nt, execute the da	who dged d the	se n befo sam	ame ore me e volu	is sign e on this untarily	ed to s day th on the d	the nat, day

NOTARY PUBLIC

My Commission Expires: